Packaging for Sustainable Food

Safety

Compiled & Presented by Ms. Aslihan Arikan ASD Turkish Packaging Manufacturers Association Secretary General 7th International Food Safety Congress 3 November 2022





Content

- Packaging
 - Food Safety
- Sustainability
 - Prevention, Reduction & Renewables
 - Recycling, Plastics & Environment
- Consumer Trends & Future Sustainability



Packaging









70% used for
food and drink,
healthcare,
cosmetics,
other consumer,
products



Other 30%, used for industrial purposes.



The Purpose of Packaging



- Primarily to *protect* or *preserve* its contents and,
- Secondly to improve the products presentation.





Packaging is the Shield for food



The Purpose of Packaging





- The ultimate and real purpose of modern packaging is set by the modern and liberal world as: Improve the life standard of the consumers.
- Packaging is a strategical tool for trade;

Packaging Industry enables marketing of industrial and agricultural products







Packaging Requirements



- Protection against external environment
- Mechanical protection
- Function
- Security
- Inertness
- Cost
- Information
- Appearance/Presentation



Food Safety & Packaging



- The purpose of focusing on Food and Packaging interaction
 - To secure packaging Conformity
 - To guarantee Consumer Health
- Under normal conditions Packaging or Food Contact Materials should
 - not threat the human health
 - not change the composition of food
 - not change organoleptic characteristics of food
- Drivers
 - Consumer Perception
 - Legislation





3 years ago..



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Toxic America Plastics Food packaging is full of toxic chemicals – here's how it could affect your health

If you care about what you eat, you should care about what it comes in



Should I put plastic containers in the microwave?

The claim

When you heat food in the microwave using plastic containers or wrap, chemicals may leach out of the container and into the food, increasing your risk of cancer.

The truth

There has been some concern that food may absorb plasticizers, the substances used in plastic containers and wraps to make them more flexible. Many people are especially concerned about microwaving at high temperatures or heating fatty or oily foods like cheese and meat. But plastic containers that release anything more than a very small amount of plasticizers are not approved for use in Canada.

How to safely store and reheat food

- Use glass, ceramic and plastic containers and plastic wrap that are labelled as microwave safe. Always follow the instructions
 on the label when you use microwave-safe containers to heat food.
- Never heat or store food in plastic containers that were not intended for food. Single-use containers, like margarine tubs, tend to warp or melt in the microwave. This may allow more of the substances in the plastic to leach into the food.



You're literally eating microplastics. How you can cut down exposure to them.

The Washington Post



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or even breath, you're almost certainly taking in tiny particles along with it. These ubiquitous

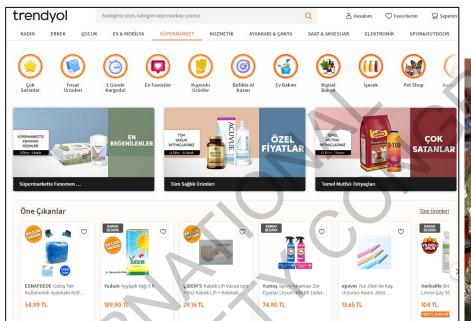










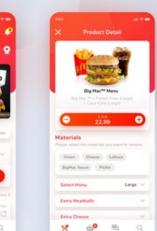
















Packaging Perception

In today's economy there is an important question to be answered:

What should we give priority for sustainable social welfare?





"More consumption for economic development" model?













a problem waiting for a solution



"A few grams of packaging material as an important environmental problem when considering

Several kilograms of rotten fruit is ignored."







Products without packaging are exposed to risks









Our purpose should be

Better life through better packaging for more people









Packaging Perception

The image of the packaging after use is preventing the perception of its most important function.

This function is *to protect the product*.

If the products are protected by suitable Packaging to prevent decomposition, actually, product waste will be less and so less Packaging will be used.

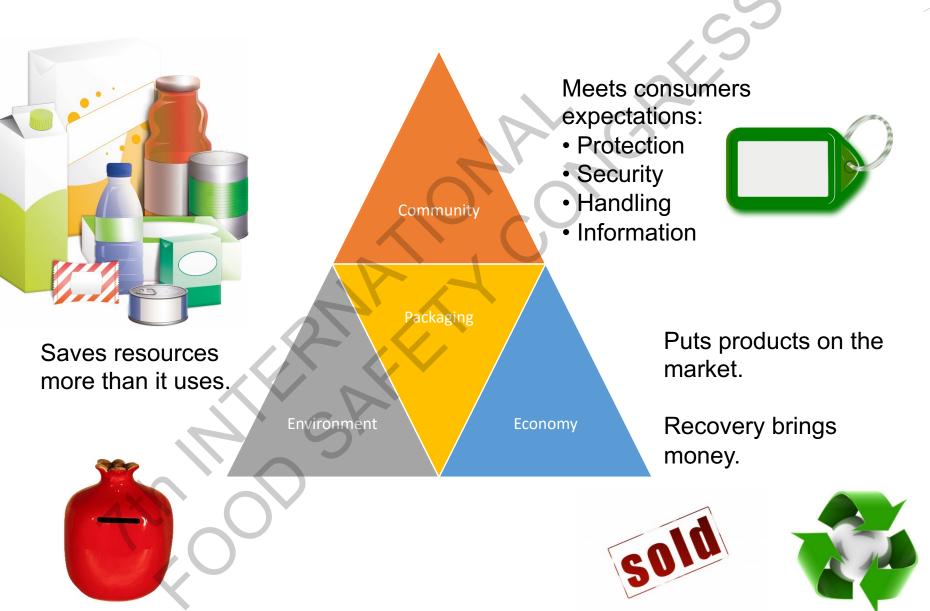


















Surrounds , Saves , Sells

Packaging should be obliged to achieve this mission sustainably to protect Environment and Natural Resources.







Sustainability





Environment

- Do shoppers know which packaging systems are better for the environment?
- Do environmental considerations have an impact on their packaging preferences and purchase decisions?

Design to minimise impact on the environment







Environment

Consumers are concerned by:

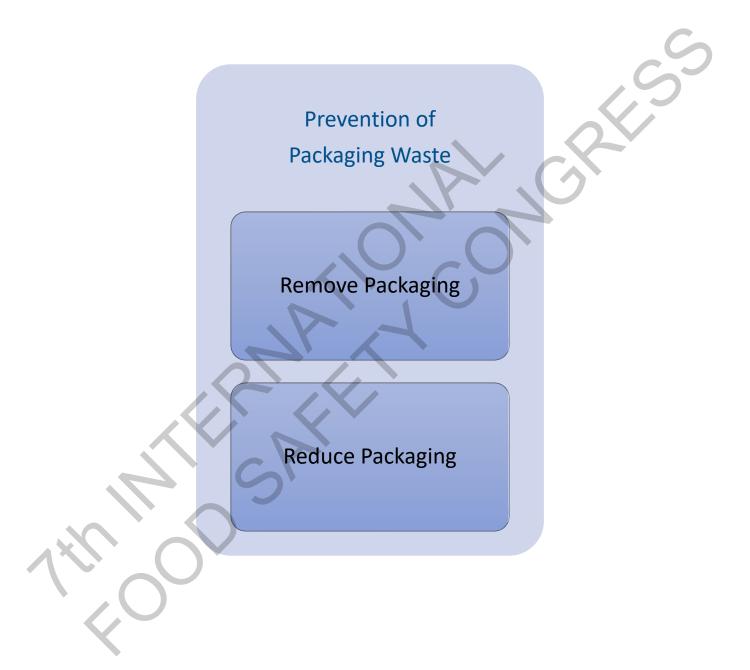
- the litter in the oceans
- over-packaging

Packaging Education













Remove Packaging

Key initiatives

 No Packaging / bulk shopping

Opportunites

- Value for money
- Little waste



Low product preservation

Risks

- Low consumer convenience
- Low product choice
- Increased risk of food waste





Reduce Packaging

Key initiatives

- Smaller/lightweight Packaging
- Lighter pack type
- Renewable/bio-based
 material



Opportunites

- Smaller packs: more suitable for on-thego consumption
- Less product waste through portion control
- Lighter packs: lower logistical costs, higher brand image



Risks

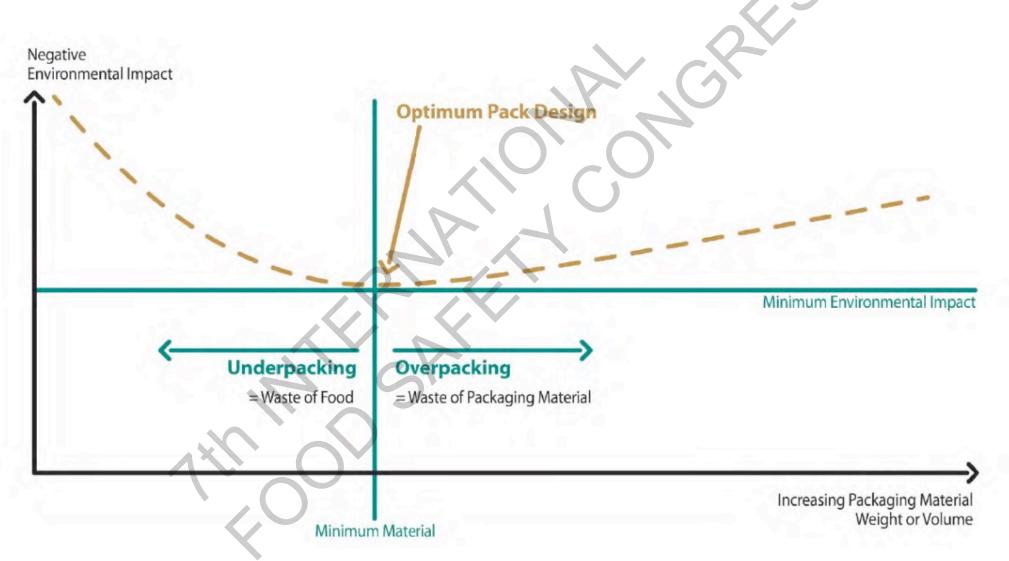
- Smaller packs: more frequent purchase
- Lighter packs: possibly lower physical properties of packaging
- Can be more difficult to identify and handle at recycling centers

Our purpose should be to develop high performance products with less material.





Underpacking as Danger





Reduction



Green Technology

Lightweighting packaging



Elif - ElifHybr Hybrid Printing System

No Solvent!



Şişecam – 20 cl Mineral Water Bottle, Glass,

140 gr to 110 gr.

Lightweighting packaging

Refills / Reuse



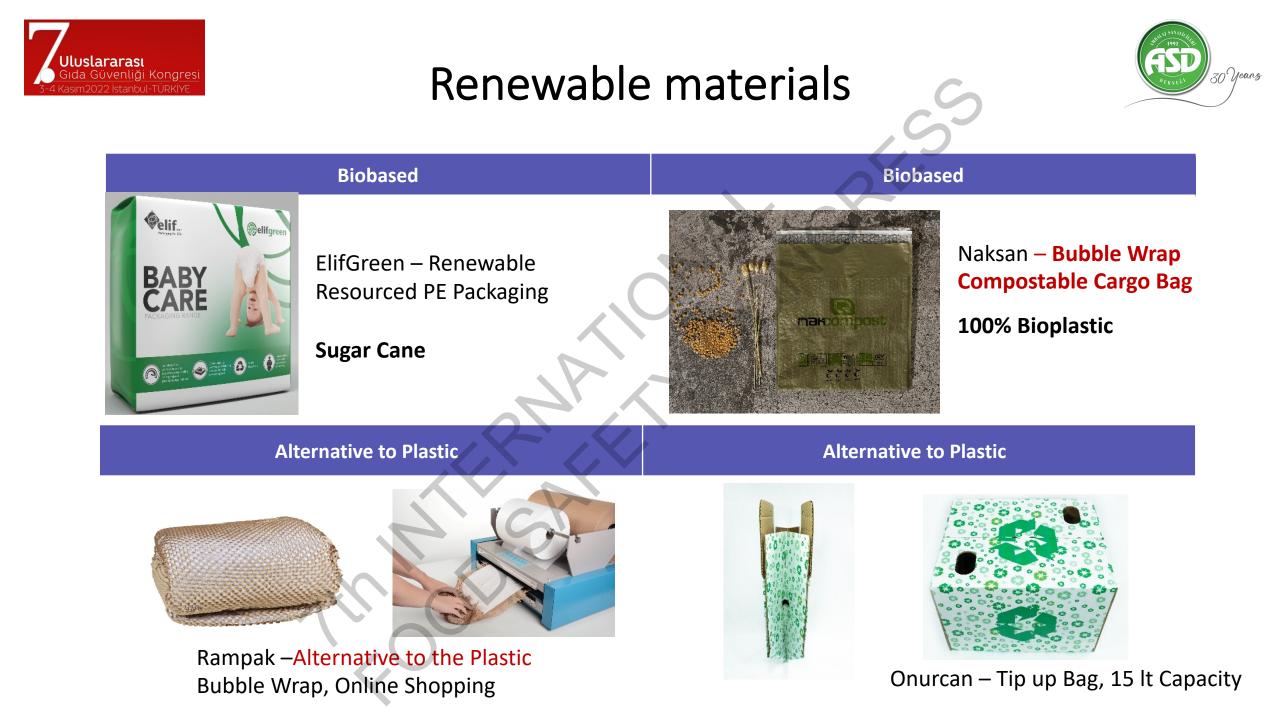
Özler – The Lowest Weight and High Strength 20 Liter Canister

17% lightweighting



Pinar - Yoghurt with Flowerpot Design

Reuse





Fact: Plastics have shaped the modern Civilisation!











JOBS

Over 1.6 million people

The plastics industry gives direct employment to more than 1.6 million people in Europe



Packaged Goods have beneficially transformed the lives of People in the areas of Health, Professional Jobs, Urban Living, Technology and Convenience.



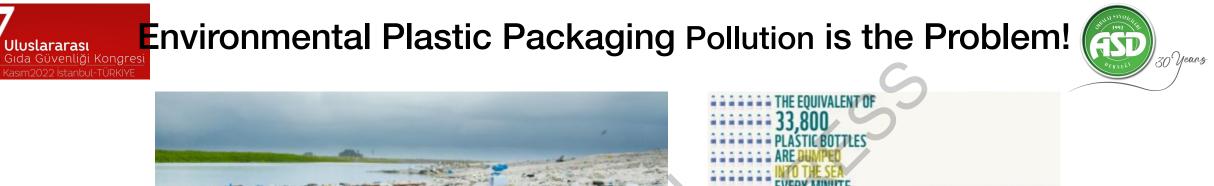


Plastic demand by Sector Packaging is the biggest end-use market

Uluslararası Gıda Güvenliği Kongresi



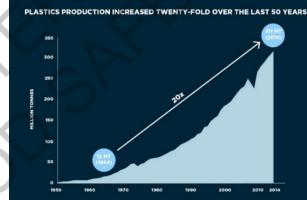










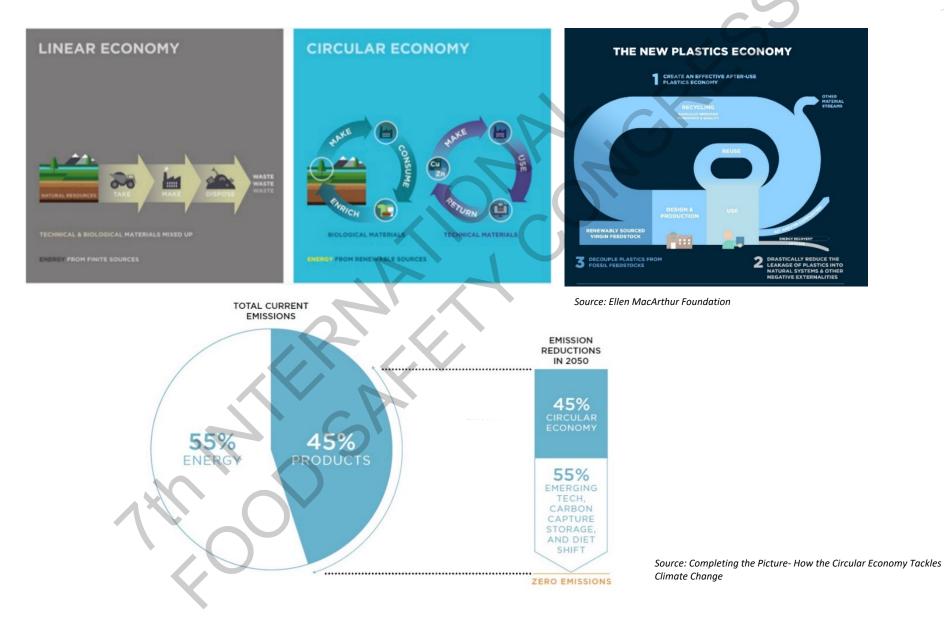






Taking Positive action – *Moving to a more Circular Economy*









Recyclable & Recycled materials

Recyclable flexible packaging

Recycled label

Recyclable flexible packaging



Mondi Kale Nobel - Metal Free Structure for Chips Packaging

Etapak - Wrap Around Label with **Recycled PET**



Recycled bottle

Danone/Hayat Su - "Eco-Fiendly Bottle"

50% Recycled content

The label has a QR code to explain the recycling process



Korozo - KORORCY Stand-up Pouch – mono PE

Easily recyclable



Examples for Less CO₂ Emissions



Industrial Packaging Consumer Packaging Mondi Turkey – Cable Reed Korozo – 51% Green PE Personal Care Bags SERVIETTE 97% less CO₂ AAXI NUIT AAAAA 200 ktons green PE captures 800 ktons CO2 **Fast Food Packaging Transit Packaging** Sem - Milk Shake CUP Mondi Turkey - Flap separator 20% less CO2

63% less CO₂



When you recycle packaging, you will have less CO₂ Emissions









Material Recycling (1,000 kg or 1 ton)	Saving Greenhouse Gas / CO2 Emissions (kg)	References
Steel	1,512	UNEP
PET	1,500	Meltem Kimya
Glass	670	Şişecam
Cartonboard	326	ProCarton
Aluminum	95	UNEP
$\sqrt{20}$		













Indulgence

• Growing middle class

Impact to packaging industry

- Design is more important than ever
 - Medium & small pack size / convenience











GREYDEI

crescents and

2020

Winner

stars for packaging



Premiumisation

GREYDER

GREYDER

Mass premiumisation

Impact to packaging industry

- Luxurious & authentic packaging
 - Packaging as a brand identity



Worldstar Winners 2022 – Marketing Award / Silver





Changing Channel

- Growing of:
 - Modern retail
 - Home delivery
 - Online channel
 - Millenial producers

Impact to packaging industry

- Everything is packaged
 - Short runs through digital packaging.







Sustainability by Design

Coca Cola and Indorama Ventures' **Polyclear 5507** Extrusion blow molded PET Resin code #1 instead of #7



Worldstar Winners 2019 -Sustainability Award / Silver



- Growing pressure from consumers
 & regulators
 - i.e. plastic tax
- Waste reduction; recyclability; environmental footprint

Impact to packaging industry

- Recycling systems
- More demands on sustainable packaging materials and renewing design





Sustainability by Design

San Fransisco Bay Coffee

PLA for ring; mesh pod; wood pulp-based lidding material; proprietary

Mother Bag needed since pod is mesh, so compostable bag.









New Plastic Economy & Packaging Industry

- Raw material efficiency & circular economy,
- Using less material & renewing design,
- Packaging from mono materials
- Biodegradables or Plastics from petrochemicals
- Environmentally friendly materials meaning increased recycled content

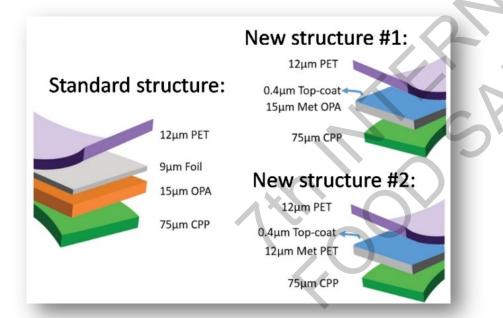




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Packaging

- Retort packaging
- Barrier packaging
- Mono-materials
- More recycled content



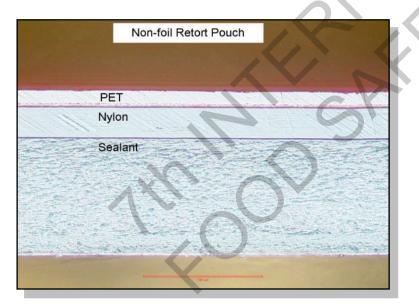




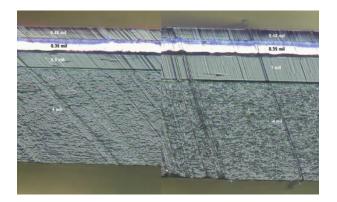


Future Market Growth - New Retort Pouch Structure

- Original
 - Adhesive Lamination
 - PET/BON/Foil/CPP
 - PET/BON/CPP



- Non Foil Barrier Materials
 - SiOx
 - AlOx
 - Besela
 - EVOH

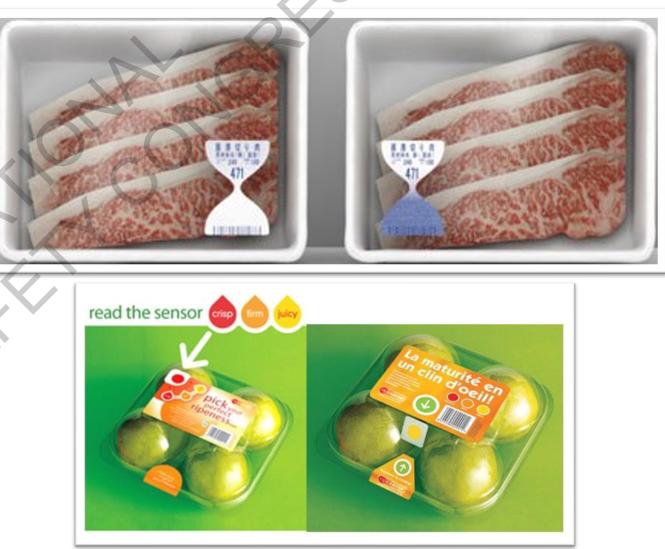






Smart: Active & Intelligent Packaging

- extend shelf-life
- monitor freshness
- display information:
- quality, safety,





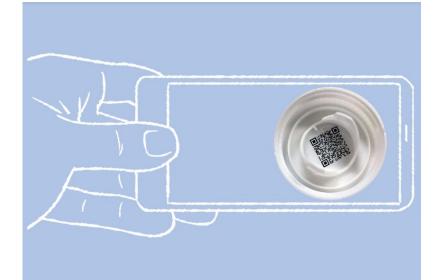
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Anti-Counterfeiting

Authentication through NFC/RFID , Holograms or Codes



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Augmented Reality

 HEINZ – Augmented Reality, a new dimension in on-pack communication. Marketing and consumer engagement.



https://vimeo.com/86397478



VELOX



Direct Digital Printing

 Direct digital printing on cylindrical rigid containers, metal, PET, HDPE & glass.





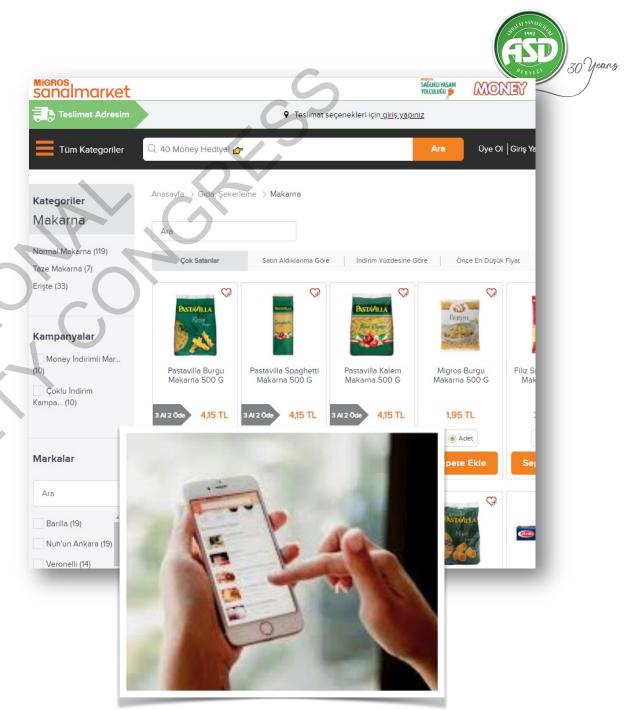




Future Market Growth

- Era of online shopping
- Shopping through small screens
 - Packaging & Logistics









The e-commerce trend grows worldwide



Source: World Design Challenge - Sustainable Packaging





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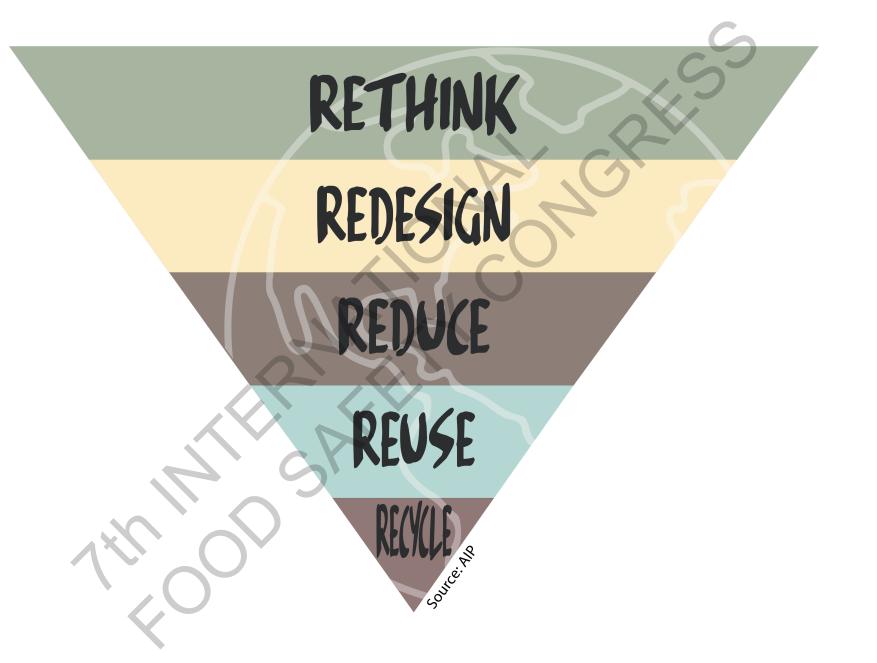
The challenge - the e-commerce trend grows



Source: World Design Challenge - Sustainable Packaging













Consumer demands an Increase in Life Expectancy



There is no way back from Packaging Let us redesign and use it Properly! Thank you <u>aarikan@ambalaj.org.tr</u>